

PROFESSIONAL WORKSHOPS AND PUBLICATIONS

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POLICE SUICIDE

<http://counselingnetwork.org/pdfs/SUICIDE%20AND%20LAW%20ENFORCEMENT%20-%20FINAL%202.pdf>

The objective of this panel presentation endeavors to communicate an appreciation for the risk factors that are often associated with the subject of suicide in the law enforcement community and its explicit impact on society in general and the family unit specifically.

THE IMPACT OF POLICE RETIREMENT: TRANSITIONAL CONSIDERATIONS

<http://www.michaeljalicea.com/upload/The%20Impact%20of%20Police%20Retirement%20-%20Transitional%20Considerations.pdf>

The transition from employment to retirement can be overwhelming for any one, especially a retiring police officer. The transition leading to a return to civilian life can bring a host of emotional uncertainties that challenge the clinical social worker and mental health practitioner in effectively facilitating the transition of the retired police officer. Moreover, the retiring police officer is often faced with a difficult decision of staying in law enforcement or returning to civilian life that often bring forth feelings about separation and isolation and for many officers. The notion of leaving law enforcement is not unlike that of losing a family for many retiring police officers. For the police officer, the comfort and security that being a part of a police department brings can all come to a sudden end at retirement. Given this consideration, retirement can also bring an increase in stress. Furthermore, there are financial considerations that take into account the necessity of obtaining a supplemental income to augment existing pensions, especially in light of the fact that medical coverage's are more than likely to increase substantially upon retirement. The presenter borrows from his real-life experiences as an active police officer considering retirement, and his social work and clinical experiences, as well as the extensive research conducted by Professor John M. Violanti's on the impact of change that is associated with retirement in general. It is proposed that retirement in and of itself can be a positive and healthy experience when viewed from the prospective that challenges the retiring officer's ability to explore new lifestyle opportunities for themselves.

SUICIDE BY COP

<http://www.michaeljalicea.com/upload/Suicide%20By%20Cop.pdf>

Involves an incident where-by a suicidal person intentionally engages himself/herself in a position with law enforcement and deliberately provokes an officer to use lethal force as a defense mechanism against the suicidal person.

DOING THERAPY WITH LATINO CLIENTS (ISSUES, DILEMMAS AND DIVERSITY)

<http://counselingnetwork.org/pdfs/Doing%20Therapy%20with%20Latino%20Clients%20-%20Issues,%20Dilemmas%20and%20Diversity%20-%20FOR%20DISTRIBUTION.pdf>

The utilization of family resources, cultural considerations, identity, socioeconomic class, the extended family, language, prejudices, discrimination, and common clinical misconceptions are essential backdrops for conducting therapy in the Latino community. Understanding diversity and cultural uniqueness within and between the Latino communities is a basic guiding principle in the therapeutic process.

WHEN JOHNNY COMES MARCHING HOME AGAIN..." (THE SURGE OF SUICIDE IN THE MILITARY)

<http://www.michaeljalicea.com/upload/When%20Johnny%20Comes%20Marching%20Home.pdf>

For the first seven months of 2012, the Army recorded 116 suicides among active-duty soldiers. If that pace were maintained through December the year's total would approach 200, compared with 167 for all of 2011. Suicidal behavior in the military is thought to be related to cumulative stress from combat duty, but it also is believed to be linked to a range of other pressures such as marital and financial problems as well as health issues

RECOVERY FROM INFIDELITY (A HEALING PROCESS)

<http://www.michaeljalicea.com/upload/Recovery%20from%20Infidelity%20-%20A%20Healing%20Process.pdf>

Recovery is possible after infidelity takes place, despite the loss of trust, damaged self-esteem, disruption to other relationships, emotional and financial loss. For a social worker, infidelity is among the most difficult relationships issues to treat in couple's therapy and is the most frequently cited cause of divorce.

**PSYCHOLOGICAL ASPECTS OF BARIATRIC SURGERY:
CLINICAL PERSPECTIVE**

<http://www.michaeljalicea.com/upload/Psychological%20Aspects%20of%20Bariatric%20Surgery.pdf>

Bariatric surgery enables people who are severely obese to lose significant amounts of weight. It is becoming increasingly popular in the United States. In 2000, about 36,700 Americans underwent some type of bariatric surgical procedure. By 2010, more than five times as many, about 205,000 people had undergone such procedures. Bariatric surgery is popular because it is the most effective weight-loss option for people whose obesity poses a major health problem.

**BARIATRIC PATIENTS AND WEIGHT LOSS SURGERY MAINTENANCE:
A BRIEF PSYCHOSOCIAL CONSIDERATION**

<http://www.michaeljalicea.com/Newsletter-Publications.html>

The physical aspects of WLS are well understood, but the psychological aspects of WLS are not. It is vital that the psychological processes beyond surgery are well understood. It is important to note that the psychological processes involved in WLS involve not just the patient, but their entire social community, making this a psychosocial problem.

PROFESSIONAL DEVELOPMENT: IN QUEST OF A DOCTORAL DEGREE

<http://www.michaeljalicea.com/upload/Professional%20Development%20-%20In%20Quest%20of%20a%20Doctoral%20Degree.pdf>

**THE ROLE IN FACILITATING COLLABORATION AND NETWORKING
POSSIBILITIES AMONG SOCIAL WORKERS AND
ALLIED MENTAL HEALTH PROFESSIONALS**

<http://www.michaeljalicea.com/upload/The%20Role%20in%20Facilitating%20Collaboration.pdf>